



ID GEMETTE

SPRING 2019

IDAHO NARFE FEDERATION

MAR - 2019-08

MARCH IS NARFE-PAC MONTH!

FEDERATION PRESIDENT – Keri Gibbs

Hello fellow NARFEians.

This is my last Gemette article as your Federation President. I have learned much about the inner workings of a large organization over the nearly four years as your President. From the triumphs, saving benefits and helping our member's quality of life, to the sadness as all chapter leadership fell into despair over membership complacency and decline. Fortunately, only three Idaho chapters closed during this period in time where hundreds of chapters have closed across the nation. *It is important to note that your chapter should be what your members want it to be.* If your members want a monthly guest speaker, program, committee updates, food, or a skit, that is what they should have. There are no hard fast rules to holding meetings, only guidelines for ideas to keep your meetings interesting and organized. I was privileged to be a member of the National Marketing and Member Resources Advisory Committee last year that helped develop the new Chapter Development Manual FH-15. I emailed it to each chapter president and I hope that it is a positive influence in your chapter's future.

Our next Annual Federation Meeting will be held in conjunction with the Region IX Training Conference at the 3 Rivers Convention Center in Kennewick, WA May 17 and 18, 2019. Lodging will be at The SpringHill Suites by Marriott, attached to the convention center. The registration form can be downloaded from our idnarfe.org website. The Idaho Federation will pay the \$50 Registration fee and \$30 Banquet fee for the first 20 members who sign up. Please register by April 23, 2019.

The face of NARFE is changing. Headquarters hired a company to give NARFE a facelift for better recognition in the federal workplace. Our eagle emblem is about to become a part of history, to be replaced by a stylized NARFE logo with the phrase *Federal Benefits Experts*. I emailed the PowerPoint presentation out to all chapter presidents for comments last month.

Now is the time for someone new to lead the fight in Idaho to protect our earned benefits and future benefits of our federal workforce. It is an opportunity for personal growth. Every NARFE member has a different background which leads to new and innovative leadership styles.

Idaho NARFE needs you!

Federation leadership offers fabulous opportunity for attending national training at LegCon in March of odd years, Presidents meeting in July of odd years, and FedCon in late August of even years. These meetings encourage conversations and problem solving with other state's leaders. The president's responsibilities are to help chapters and members when needed, set agendas for the annual meetings, and

forward news to the executive board and chapter presidents from Headquarters. The secretary's duties are to take minutes of board and annual meetings, and keep accurate records. The treasurer's responsibility is to deposit income and pay bills within the budget, and maintain accurate records.

It has been a great honor and privilege to get to work with many of you around the state, and I hope to build on these friendships in the future. I also want to thank my Executive Board and Chairs for their roles in insuring that the business of NARFE was performed with excellence and always with pride.

If you lose this newsletter, simply go on line to idnarfe.org to download it!

TREASURER – Dick Ryan

Our budget is holding and we successfully secured small Federation assistance. Our plans are to include registration and banquet fees for the first 20 members who sign up for the Region IX Training Conference coming up in Kennewick, WA May 17 and 18. Please see Draft Proposed Federation Budget online at idnare.org.

FEDERATION ALZHEIMER'S CHAIR – Gen Boguslawski

As of January 31, 2019, the total contribution from NARFE to Alzheimer's Research is \$13,012,034.00. During January 2019 NARFE members raised \$65,494.26 and in the first seven months of FY 2019 we have raised \$236,442.71. Idaho has raised \$2,334.50 so far in FY 2019, well done!

I want to thank all of our Chapter members for their generosity in supporting Alzheimer's Research.

We lost our dear NARFE friend and Past Nampa Chapter President, Dennis Frasier in February and I sent a check to Alzheimer's Research in his Memory. Maybe some of you would like to do the same. Our condolences go out to Margie and her family.

The following are some articles send by Wally, Region IX Alzheimer's Coordinator: Of particular interest to me was an article titled, "Can your eyes see Alzheimer's disease in your future?". It's long been said that the eyes are the windows to the soul, but can they also provide a view of your brain's future? Researchers increasingly say yes. Studies have identified links between common eye conditions and Alzheimer's disease and other forms of dementia. One study, published in the July 2018 issue of Alzheimer's & Dementia, appeared to validate past findings that linked three eye diseases – glaucoma, age-related macular degeneration, and diabetic retinopathy – to an increased risk of Alzheimer's disease.

But perhaps what's more interesting about the study results, says Dr. Albert Hofmann Chair of

4th NARFE REGION IX TRAINING CONFERENCE

May 17 – 18, 2019

Three Rivers Convention Center, 7016 W. Grandridge Blvd., Kennewick, Washington 99336

REGISTRATION FORM AND INFORMATION

for

ALASKA, IDAHO, MONTANA, OREGON FEDERATION MEMBERS AND GUESTS

Friday, May 17: Registration opens at 9:00 a.m. Lunch at 11:00 a.m. Conference begins at noon

No Host Bar opens at 5:30 p.m. Banquet begins at 6:30 p.m.

Saturday, May 18: Conference resumes at 8:00 a.m. Conference adjourns at noon.

Agenda includes: 116th Congress, Legislation, NARFE-PAC; Membership Recruitment/Retention;

New Data Management System; NARFE Alzheimer's Research Program; NARFE Branding Initiative

NOTE: SEPARATE REGISTRATION FORM REQUIRED FOR EACH MEMBER AND/OR GUEST.

ITEM/COST	TOTAL
REGISTRATION/LUNCH: \$50	\$ _____

BANQUET: \$30 (Check meal selection below. Asterisked [*] are gluten free options.)	\$ _____
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All meal choices include water, coffee, iced tea, rolls & butter, salad & dessert.

___ *Marinated New York Strip Loin (w/black peppercorn demi-glace, horseradish-whipped potatoes, broccoli)

___ *Lemon Chicken (rosemary and lemon marinated chicken breast w/saffron jus, roasted potatoes, grilled veggies)

___ *Pork Chop (brined w/apple demi-glace, mashed potatoes, seasonal vegetables)

___ Vegetarian

___ NOTE: Please specify on the line below special dietary needs.

TOTAL REGISTRATION	\$ _____
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HOTEL OPTION W/SPECIAL GROUP RATE: SpringHill Suites by Marriott Kennewick Tri-Cities

Location: 7048 W. Grandridge Blvd., Kennewick (Attached to the convention center.)

Rate: \$102 per night + taxes (specify for "National Active and Retired Federal Employees Association

Rate effective dates: May 14 – 20 (Note! Last day to book at the special rate is **Thursday, April 23.**)

For reservations: Call SpringHill Suites by Marriott Kennewick Tri-Cities directly, 1.509.820.3026 OR online at:

<https://www.marriott.com/event-reservations/reservation-link.mi?id=1546471757778&key=GRP&app=resvlink>

Name _____ Title/Office (for name badge) _____

Member _____ Guest _____ Federation _____ Chapter Name/# _____

Address _____ City _____ State _____ ZIP _____

Phone _____ Emergency Contact (name & phone) _____

Email Address (for receipt) _____

Make checks payable to: NARFE Tri-Cities Chapter 1192.


Keep a copy of your completed registration form; send completed original form and check to:

NARFE CHAPTER 1192, 3911 W 27TH AVE, STE 101, PMB #1, KENNEWICK WA 99337

For registration questions contact: Darleen Wall, 509.586.8232, jdwall2@frontier.com

For conference general questions, contact: Nancy Crosby, 509.735.3288, ncrosby2b@charter.net; or,

Mary Binder, 509.378.2494, mary_binder@msn.com.



**Please remove and submit for
Region IX Training Conference Registration**

Epidemiology at the Harvard T.H. Chan School of Public Health is that cataracts, another common age related eye condition, had no apparent connection to dementia risk. This gives scientists an important clue about the cause of dementia and Alzheimer's disease, he says. "My view, and one of the possible explanations that the authors present, is that these three eye diseases and Alzheimer's and dementia have a joined etiology" – that, a common causative factor, "All are linked to cardiovascular disease," says Dr. Hofman. Specifically:

GLAUCOMA, a condition, marked by increased pressure in the eye that can lead to vision loss, has been linked to high blood pressure, diabetes, and poor blood circulation.

AGE-RELATED MACULAR DEGENERATION involves breakdown of the macula, the part of the retina responsible for sharp central vision. It also has been linked to heart disease.

DIABETIC RETINOPATHY occurs in people with diabetes when high levels of blood sugar damage blood vessels in the retina. There are strong links between diabetes and cardiovascular problems.

While the findings show a link between these eye diseases and brain risks, the question remains: what does this information mean for us? The only known way today to prevent Alzheimer's and other forms of dementia is to prevent cardiovascular disease. "Doing all the things that you would do to prevent heart attack and stroke are likely beneficial to prevent Alzheimer's disease," says Dr. Hofman. This means treating high blood pressure and cholesterol, eating a healthy diet getting enough sleep and maintaining a regular exercise program.

The links to the three December articles are given below:

<https://www.health.harvard.edu/diseases-and-conditions/can-your-eyes-see-alzheimers-disease-in-your-future>

<https://www.nia.nih.gov/news/studies-explore-Alzheimer-risk-factors-biomarkers-latinos>

<https://www.sciencedaily.com/releases/2018/12/181220104609.htm>

Greater Idaho Office Alzheimer's Walks for 2019

Idaho Falls, September 14 Twin Falls, September 21

Coeur d'Alene, September 28 Boise, October 5

As always, THANK YOU again for your help in THE FIGHT AGAINST ALZHEIMER'S!

Grins: *"Don't get all weird about getting older! Our age is merely the number of years the world has been enjoying us!"*

NARFE – The E is silent, but we are not!

SERVICE OFFICER – Dick Ryan

This is a repeat of October 2016.

True or False? Say a retiree passes away this month; can the spouse or the administrator of an estate cash a check if the check was issued in the previous month when he/she was alive? Answer; no. Only the person the check was issued to can cash a government check such as a retirement annuity check or a Social Security check. Even if there are many months of checks uncashed, such as might be the case if the person became incapacitated the last few month of their life and their checks were allowed to accumulate, they cannot be cashed after death. However, any annuity that was accrued for the retiree through the date of his or her death will be included in the benefits payable to the eligible survivor(s). This is covered in the first step of a three-step process noted in your "Be Prepared For Life's Events." Page 17 to be exact.

I have discovered that frequently when a spouse of a federal retiree becomes the survivor, which happens

I suppose 50% of the time, the survivor is unaware of the “Be Prepared for Life's Events” document or, they have no idea where it is. It behooves each of us Service Officers to educate and remind our members of the importance of the document and it is just as important to let the person who will handle their affairs know what it is and where it is.

The Federal Benefits Institute is available to answer questions by emailing fedbenefits@narfe.org or by phone at 1-800-456-8410, option 2

Acting NARFE-PAC CHAIR – Keri Gibbs

I am happy to report that NARFE-PAC (Political Action Committee) support is alive and well in Idaho! This is in spite of our recent and current Congressmen not supporting our NARFE friendly bills before them in Congress. Congressman Mike Simpson has the best voting record in support of some of the bills that positively affect our futures. Senator's Mike Crapo and Jim Risch have shown zero support for NARFE related issues before them. Congressman Russ Fulcher is too new to have a track record.

Overall, NARFE had more wins than losses on Capitol Hill in the 115th Congress.

NARFE-PAC is a vital element in protecting earned pay and benefits of federal employees and retirees, even if our Idaho Congressmen fail to attract any campaign funding from NARFE-PAC. Throughout the country, candidates who do support our pay and benefits are helped to win their races. This is an overall benefit to the Idaho federal family.

NARFE-PAC is hoping to give \$1.25 million in political contributions to candidates for Congress during the 2019-2020 election cycle. We are hoping that the 116th Congress will be favorable as well. But it won't happen without your financial support. Congress assumes that no communication from their constituents is the same as agreeing with their legislation.

If you know of a candidate running for a national congressional seat, you may submit their name to NARFE-PAC for financial support. That candidate will be reviewed and potentially supported by NARFE-PAC.

It is easy to donate to NARFE-PAC. You can mail the NARFE-PAC Contribution Form found in this newsletter or your NARFE Magazine, or go online to idnarfe.org or narfe.org to find the form. I want to encourage you to support NARFE-PAC in any manner comfortable to you. I personally chose Sustainer because I can be forgetful of making payments to causes that do not send me a bill.

NARFE-PAC only raises money through private contributions and are not tax deductible.

NARFE-PAC contributions from Idaho Chapters from January 1, 2018 – December 31, 2018

#0218 Coeur d'Alene	\$1,010	#0763 Idaho Falls	\$1,210
#0992 Inland Empire Moscow	\$905	#1025 Nampa Golden Eagle	\$5,989
#1945 Selkirk Sandpoint	\$355	#1959 Twin Falls Magic Valley	\$360
#1970 Clearwater	\$360	Total Chapter Contributions	\$10,189

HOW IDAHO CONGRESSIONAL REPRESENTATIVES VOTED IN CONGRESS

All of the bills posted here had the support of NARFE, so a vote against these bills opposed NARFE's position.*

VOTE NUMBER: (F =for & A = against) 115^h Congressional Votes

HOUSE #	417	555	556	33	44	69	118	%FOR	Lifetime %
Date:	2017	2017	2017	2018	2018	2018	2018		
Labrador	A	A	A	F	F	A	NV	25%	16%
Simpson	F	F	A	F	F	F	NV	63%	37%
SENATE #	233	238	14	17	31	180			
Date:	2017	2017	2018	2018	2018	2018			
Crapo	F	A	F	F	A	F		67%A	16%
Risch	F	A	F	F	A	F		67%A	19%

* Excerpt from Page 34 in October '18 NARFE Magazine on 115th Congress Voting Records.

NARFE ISSUES & FEDERAL EVENTS:

NARFE Webinars

March 7 – TSP and You: Sound Savings Strategies (Mark A. Keen, CFP) Soon to be archived.

March 21 – Social Security: A key Ingredient in Your Retirement (Tammy Flanagan)

April 11 – Federal Benefits and Divorce (James Marshall, Federal Benefits Institute)

UPCOMING EVENTS

March 10-13 - National Legislative Training Conference, Alexandria, VA

March 25 - The 2019 NARFE-FEEA Scholarship Program *deadline*. Any children, grandchildren or great-grandchildren of a NARFE member who is a graduating senior in high school is eligible to apply for one of 10 \$700 scholarships. See details in your Feb '19 NARFE Magazine or online at narfe.org.

April 8 - The *deadline* for NARFE's Photo Contest. Enter a picture of your favorite "Living in the USA" place or object. No people allowed in the scene. See details online at narfe.org.

April 15 – NARFE Federations and Chapters TAX Deadline for filing 2018:

990-N when gross receipts are equal to or less than \$50,000 <https://www4.irs.gov/epostcard/>

990-EZ when gross receipts were between \$50,000 & \$200,000 and total assets less than \$500,000 <https://www.irs.gov/pub/irs-pdf/p5248.pdf>

990 when gross receipts over \$200,000 or total assets of \$500,000 or more

May 17-18 - Region IX Training Conference, Kennewick, WA *Find Form at idnarfe.org*

May 17-18 - Idaho Annual Meeting, Kennewick, WA *No additional fee if attending R-IX*

MEMBERSHIP CHAIR – Harold Kehr

Membership continues to decline Nationally (less than 200,000 members at the end of 2018). Idaho chapter membership has declined with a loss of 60 members during 2018 due to deaths and transfers to the National Chapter. On March 4th, Idaho membership was 1219 members: #0000-National-602; #0218-Co eur d'Alene-64; #0763-Idaho Falls-106; #0992-Inland Empire Moscow-60; #1025-Nampa Golden Eagle -275; #1945-Selkirk Sandpoint-26; #1959-Twin Falls Magic Valley -60; #1970-Clearwater-26; Chapters total 617.

The least represented group of Federal Employees; is the Active employee (11.83%). In fact, during the Idaho Falls extensive recruitment effort during open season, the common theme at all the locations visited was (1) we have never heard of NARFE or (2) we are only a bit interested in NARFE because we are not ready to retire. CONCLUSION: We must advertise more and target active employees in our recruitment efforts.

All reports for 2018 have been distributed either hard copy or electronically or both to those who have requested them.

A proposal has been sent to the Executive Board for discussion from this Membership Chair to enhance our membership.

Legislative chair – Ken Barr

Senator Jim Risch 208-342-7985

Senator Mike Crapo 208-334-1776

Representative Russ Fulcher (1) 208-888-3188

Representative Mike Simpson (2) 208-334-1953

REVIEW OF NARFE'S LEGISLATIVE ACOMPLISHMENTS FOR 115TH CONGRESS MIDTERM

If you haven't been following legislative issues using the NARFE website, you will be happy to learn that:

1. NARFE has "thwarted all attempts by Congress and the president to cut the earned pay and benefits of federal employees and retirees."

2. NARFE has successfully worked to protect postal retirees' health benefits threatened by H.R. 756. This bill would have required all current and future postal retirees to adopt Medicare Part B or lose all their health benefits even though some retirees had already chose not to take part of Medicare Part B when they retired. This bill would have set a dangerous precedent for reducing the benefits of all retirees even after they retired.

3. NARFE endorsed the TSP Modernization Act, which was signed into law, to give more flexible withdrawal options for TSP participants.

I hope you followed the government actions regarding the recent shutdown and made your concerns known to our Idaho legislators. Over the past year, I wrote letters to each of our senators and my congressman opposing the proposed 2019 pay freeze, opposing H.R. 756, opposing the recent government shutdown, and opposing benefit cuts in the government spending agreement. I hope you made the effort to make your views known to our senators and representatives. If no one expresses their concerns, it is easy for our representatives to vote in ways they have been lobbied and contrary our best interests.

I have also used the NARFE website to write two letters to the editors of my local newspapers. Both were published. One of my letters dealing with the government shutdown prompted a telephone call to me from an anonymous gentleman who wanted me to "quit my complaining about federal employees not being paid during the shutdown because federal employees have such good benefits." He was not disrespectful and neither was I but we had an interesting and lively 20 minute conversation. As one would expect, neither of us changed our positions. The conversation did highlight for me that the general public has a lot of misconceptions about government workers and our pay and benefits.

SOUTHEAST VICE PRESIDENT – Ken Barr

OPEN SEASON WEBINARS WERE PRESENTED

Over the past few months, I attempted to coordinate activities within the southeast area to publicize NARFE and increase chapter membership. Just prior to Open Season, the Federation Membership chairman, Harold Kehr, and I worked with Janine Chapman, the Twin Falls chapter president, to put on a no-cost-no-obligation webinar on choosing Federal health insurance. All federal employees in the Twin Falls area and the public were invited. The Twin Falls chapter provided light refreshments and many chapter members attended the presentation.

Similar webinars were presented at the Pocatello Public Library and two at the Idaho Falls Public Library. Members of the Idaho Falls chapter attended and provided support for these webinars. The federation webmaster, Jay Greenberg, provided technical support. Attendance at the webinars ranged from no attendees to about 25 people. Even though attendance at the webinars was mixed, I believe they were successful because we got local press coverage and we introduced a lot Federal employees and the public to NARFE.

Although we had high expectations for new members, we gained only a couple of new chapter members. In hind sight, I believe our expectations were too high. But, overall, it was a good learning experience that we can use in the coming years.

Most of the venues we used had internet access that could be used to access the NARFE website for the latest webinars. Since I prefer not to use open internet access if possible, NARFE HQ provided me with a hard copy DVD that we could project on to a screen or a large TV suing my laptop or my DVD player with the TV. All the logistics worked very well.

Some lessons learned:

1. Newspaper advertising is key. Advertise more than just one day. Try for 3 – 4 times a week before the event. Work with the local newspaper and use available NARFE posters to develop eye-catching advertisements.
2. Make sure the event is scheduled and the advertising is coordinated with the days the newspaper doesn't publish so that people see the advertising early enough to plan to attend, For example, if the newspaper doesn't publish on Mondays, don't schedule the event until after Wednesday or Thursday.
3. Plan on spending some time after the presentation talking to attendees one-on-one to listen, answer their questions, and talk about NARFE.
4. Make contact with local Federal agencies and send them advertising they can use for office postings for their people that advertises the presentations.
5. At the webinar, use an attendance list and follow-up with the attendees to get their assessments and see if they might be interested in joining NARFE.
6. Develop and advertising plan early and, if possible, get financial support from HQ's matching funds.

IDAHO CHAPTERS - MEETINGS AND CHATTER

COEUR d'ALENE CHAPTER 218 - Bob Conquergood, President

Meets every 3rd Monday @ Noon at the International House of Pancakes (IHOP), 2301 N 4th Street nest to I-90. No meetings in July or August.

IDAHO FALLS CHAPTER 0763 - Harold Kehr, President

After a summer off for vacationing and visiting family and friends, we started the new year with our annual picnic in September at Ted Heckathorn's house.

Our October meeting was centered on how to increase membership and attending health fairs. We also had a representative from BS/BC to discuss health plans. Members of the chapter and health insurance partners visited 16 agencies at 12 locations during the health fairs in Idaho Falls, Blackfoot and Pocatello. We interacted with 100+ federal employees. The outcome of this effort was : 1 new member, 2 reinstated and 7 who joined the National chapter. We plan to continue this effort in 2019.

We held our family and friends annual holiday buffets in November and December. Representatives from AARP Tax Aide gave us a talk on the new tax laws and AARP's tax services in January. Member, Ken Barr gave a presentation of his and his wife's recent trip to Jordan in February.

In March, we are planning our 3rd Community Outreach Program on Senior Living. We have a chapter Luncheon at an Assisted Living and Senior Living Facility open to anyone in the community. Our May meeting will be on senior scams from the Idaho Falls Better Business Bureau. We are also planning membership drives throughout the summer at various community sponsored activities.

Meets every 1st Wednesday @ Noon at Dixie Diner, 2150 Channing Way. No meetings in June, July or August. A September Picnic begins our new year..

INLAND EMPIRE-MOSCOW CHAPTER 0992 – Bob Tribelhorn, President

Meets every 2nd Wednesday @ 11:30 at University Best Western 1516 Pullman Road. No meetings June, July or August.

NAMPA GOLDEN EAGLE CHAPTER #1025 - Jo Aguirre, President

I would like to take the opportunity to thank all of you who continue to support NARFE. Without your dues, PAC contributions, and attendance at our meetings we would not be able to continue to have a voice in what Congress wants to do to our retirement benefits and to those Federal employees that are still working and hoping to retire with good benefits.

Our monthly meetings have been well attended the last couple of months, but we always have room for more!

Katie Moore, our wonderful Sunshine Chair, works very hard to get interesting speakers and programs at all of our meetings, and she welcomes ideas for new programs. If you know of someone who has an interesting hobby, occupation or skill that you think we might all like to hear about, please let me or Katie know. We are never too old to learn new things

If you are interested in what is presently happening in Congress – attend a meeting. RuthAnn, our Legislative Chair, always has the latest reports and information.

Meets every 2nd Friday @ Noon at Eagles Lodge at 118 11th Ave North. June meeting off-site, no meeting in July or August.

SELKIRK-SANDPOINT CHAPTER 1945 – Steve Franklin, President

Meets every 1st Friday @ 11:30 AM at Elks Club. No meetings January, February July or August.

TWIN FALLS-MAGIC VALLEY CHAPTER 1959 – Janine Chapman, President

Meets every 2nd Monday @ 11:30 AM at Loong Hing Restaurant, 1719 Kimberly Road. No meetings in June, July or August.

CLEARWATER-OROFINO CHAPTER 1970 – Don Jenni, Acting President

We are no longer inviting guest speakers as our attendance has dropped to about 8 members, but we are still getting together for lunch each month.

Meets every 1st Thursday @ Noon at the Ponderosa Restaurant on Main Street. No meetings in June, July or August.

NOMINATIONS FOR IDAHO FEDERATION OFFICER'S NEEDED

2019 is our Election Year. Vacancies (Opportunity) abound! Below are listed candidates who are willing to run for the following elected positions:

President	Secretary	Treasurer	North VP	SW VP	SE VP
		Joann Hancock	Steve Franklin	Bob Mallis	Ken Barr

Service Officer, Gemette Editor, NARFE-PAC and Legislative Chairs are also open to members.

If you care enough about your future and the future of Idaho NARFE, please give your very best to leading the Idaho Federation into the new decade. Officer descriptions can be found on our idnarfe.org website in the Library - Bylaws. Call Keri with your valid nominations at 208-337-8071.

EDITOR'S NOTE: Keri Gibbs -Acting Editor

The Gemette is your Federation Newsletter. Each Chapter may submit an article for publication twice a year. It may be chapter news or an article of special interest as in this edition. Please remember the Gemette and Chapter Newsletters are information links for our Idaho members. The more information we get out to the membership the better our chances are for keeping members & bringing new members in. If you know of potential members we can also send them a copy of newsletters, the Gemette, & membership information. Just get emails to the chapters so they can respond.

The Gemette is published twice a year by the Idaho NARFE Federation and this edition was edited by Keri Gibbs, gibbsnarfe@frontier.com



**NONPROFIT
ORGANIZATION
U. S. POSTAGE PAID
NAMPA, IDAHO
PERMIT No. 72**

**Gemette
Idaho Federation of Chapters
National Active and Retired Federal Employees Association
PO Box 316
Nampa, ID 83653**

Address Services Requested

IDAHO NARFE Federation Officers-For contact information go to idnarfe.org

President - Keri Gibbs

Past President - Arnold Hartigan (Deceased)

N- District VP - Steve Franklin

SW-District VP - Bob Mallis

SE- District VP - Ken Barr

Treasurer - Dick Ryan

Secretary - Kay Ryan

Legislative - Ken Barr

Membership - Harold Kehr

Service Officer - Dick Ryan

Alzheimer's - Gen Boguslawski

NARFE Pac - Keri Gibbs

Web Master - Jay Greenberg

Gemette Editor - Keri Gibbs

Region IX National VP - Rich Wilson